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Trustee Frouman Leaves with High Accolades

BY STEPHEN E. LIPKEN

Village of Larchmont Trustee Malcolm Frouman announced his resignation at the Tuesday, February 16 virtual Board of Trustees meeting, effective Midnight on the same date. Mayor Lorraine Walsh stated that she appointed Frouman to replace her Trustee position when she assumed the office of Mayor.

Walsh joined his fellow Trustees in thanking Frouman for "five years of friendship, collaboration and hard work as the Liaison to the Planning Board, Architectural Board of Review and Historic Preservation Task Force (HPTF)." Mayor Walsh appointed Brigid Brennan to fill out Frouman's term.

Fire Chief John Caparelli announced that the Fire Department received a COVID-19 FEMA Assistance to Firefighters \$22,000 grant for Personal Protective Equipment (PPE), applicable to all Village Departments, Contractors and visitors to Village Hall, adding that new Career Firefighters Michael Murnane and John



Pilla III graduated from the Westchester County Career Chiefs Fire Academy and now

join the Fire Department ranks. Volunteer Firefighter Amber Ali is also completing

training.

Working with DPW General Forman Supervisor Rick Vetere, Caparelli is inspecting outdoor dining sites and removing unused barricades to facilitate parking.

Trustee Peter Fanelli said that Paddle Tennis Permits are available, until September 30th, hours from 8:00 a.m. to 10:00 p.m. Cost is \$150. Flint Park Summer Camp details will follow. Volunteer firefighters are needed; for further information contact Fanelli at 914-403-2387.

A Public Hearing is set for Monday, March 15th to enact a proposed Local Law authorizing a Property Tax Levy, exceeding the limit established in General Municipal Law.

Resolution appoints Village Justice Thea Beaver from April 5 to December 6, due to change in the election date from March to November.

Another March 15th Public Hearing involves Proposed Local Law to coordinate/expedite certain building façade improvements in the Business District.

Larchmont Receives FEMA Funding for Firefighters Responding to Covid 19

U.S. Senate Majority Leader Charles Schumer and U.S. Senator Kirsten Gillibrand announced on January 25, that \$306,624.52 in federal funding will be administered to twelve counties across New York to support COVID-19 emergency response preparedness measures. This funding was allocated through the Federal Emergency Management Agency's (FEMA) second round of the Assistance to Firefighter Grant - COVID-19 Supplemental Program (AFG-S 2) in cooperation with the U.S. Fire Administration. This funding was authorized by the Coronavirus Aid, Relief, and Economic Security (CARES) Act and will be used to purchase essential PPE and equipment for firefighters responding to the COVID-19 outbreak across New York.

The Village of Larchmont will receive \$20,998.46.

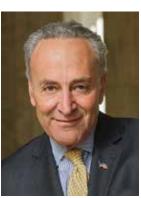
"From the peak of the pandemic to normal times, our brave firefighters are always on the front lines, risking their lives to protect their communities," said Senator Schumer. "These courageous first responders deserve all the federal support possible to help them do their jobs. I will always fight to bring more federal resources to support our heroic firefighters, and I'm proud to deliver this funding so New York's fire departments have the critical PPE and essential support they need as they keep New Yorkers safe during the pandemic."

"New York's firefighters and first responders continue working around the clock



Senator Kirsten Gillibrand

to keep our communities safe during this public health crisis," said Senator Gillibrand. "The ongoing pandemic has left local and state governments with limited resources - this critical federal funding will ensure our firefighters are protected on the frontlines and fire stations can maintain clean facilities in accordance with COVID-19 guidelines. I will continue to push for emergency funding to keep our fire departments and firefighters safe as they enter the line of duty.



Senator Charles Schumer



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MHS Students Win Top Awards at Westchester-Rockland Junior Science and Humanities Symposium

Seniors in the Mamaroneck High School Original Science Research Program presented their work at the Westchester-Rockland Junior Science and Humanities Symposium (JSHS). The following students were recognized for their presentations:

Regional Speaker Division:

Liam Manly, First Place, Engineering & Technology

(For this award, Liam has earned the opportunity to present his PowerPoint at the Upstate JSHS Coordinated by the University at Albany.)

Kate Metzendorf, Fifth Place, Neurology and Genetics

Local Speaker Division:

Danika Glasberg, Second Place, Medicine & Health

Riley McMullen, Second Place, Neurology Sydney Warwick, Second Place, Neurology The WR-JSHS is a sub-regional pre-qualifying event for the Upstate JSHS in Albany, New York. The JSHS provides high school students an opportunity to present authentic research before peers and professionals in the field. Since 1985, the University at Albany has hosted the Upstate Regional JSHS competition with funding from the U.S. Departments of Army, Navy, and Air Force through a grant administered by the National Science Teachers Association.



The WR-JSHS sub-regional event was organized in 2002 to provide a local venue for student researchers and has grown to include more than 600 multi-grade level participants in 2020 and 340 senior only participants this year. This is the first year that WR-JSHS is being done in a virtual setting. Local speakers presented by category; top speakers received recognition. The 1st and 2nd place student speakers will advance to the speaker session at the Upstate JSHS, where top student projects will be presented at the National JSHS hosted each year by a branch of the Armed Services.



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From the Mayor



BY MAYOR LORRAINE WALSH

Here's an update on the Village's budget. At a recent meeting, Kimberly Gutwein (Village Treasurer) presented budget year-to-date actuals through December 2020 and projections to year end (May 31, 2021). Currently, the Village's revenue is projected to be down \$414,000 for the fiscal year. The good news is that expenses are also down.

This is due primarily to unfilled vacancies, postponed cash-to-capital projects and a reduction in costs related to events and services which have been altered due to COVID. Of course, while there is no expectation that un-realized revenues will meaningfully rebound in the next five months, there is always the potential for expenses to rise - generally through overtime costs necessitated by weather events or personnel absences. The Board and Village staff will continue to monitor the budget carefully so we may close out the fiscal year in the best possible circumstances, while still providing a high level of service to the community.

In other news...

The Larchmont Police Reform and Reinvention Collaborative, created in response to the Governor's Executive Order 203, has been meeting (via zoom) to work on a plan for the Village. Volunteers have created sub-committees to look at Community Policing, Data Collection, Transparency, Policies and Training. We expect to have a draft plan for community review in early March. The final plan needs to be adopted by resolution of the Village Board no later than April 1.

Larchmont's downtown has seen some changes in the past few months! Dining igloos and greenhouses have sprung up, allowing families and "pods" to enjoy and support our restaurants safely. Thank you to One Larchmont and their donors for helping to create this amazing transformation, which is certain to have a ripple effect on the vitality of all of our downtown businesses. If you are interested, read the safety protocols for igloos and greenhouses.

Another change that will

be a revitalizing force is the construction of two multi-family/retail buildings in the Palmer area downtown. One is the replacement for the building at 1912 Palmer that burned down in November of 2016. After several delays, work has ramped up - the foundation is done and the ground floor steel is in place and cement has been poured. The second is Centro, a 14-unit mixed use building, at 108-114 Chatsworth Avenue. The owner recently demolished the existing buildings and is expected to start foundation work very soon. These new buildings will increase foot traffic, provide new modern retail space, and improve the aesthetics of our downtown.

Finally, Larchmont is in the process of implementing paid parking in the Palmer and Post downtown districts. The project is guided by a 2018 comprehensive parking study done by BFJ Planning. Parking is an important asset in any town, but in downtowns like Larchmont's the management of this asset is especially important. As has been stated in several Village parking studies dating back to the 1960's, paid parking is the most effective tool we can use for creating turnover and business-supportive use of parking while insuring that resident permit holders have adequate space to park

At our December 21, 2020 meeting, the Board approved a borrowing resolution in the amount of \$625,000 for the purchase of multi-space pay stations, a license plate reader, new signage and other related items. The pay stations, most of which are solar-powered, should be installed on sidewalks and in parking lots beginning in early March. We have contracted for the Passport parking app, which

makes paying easier and alleviates aesthetic concerns by reducing the number of pay stations needed.

Recognizing the significance of this change to Larchmont, the Village Board has decided to create a Special Revenue Fund through which all revenues and expenses related to this new "parking franchise" will run. We intend to set a policy that this fund will be used primarily to finance capital improvements related to transportation, such as, but not limited to, parking lot redesigns and improvements, road paving, sidewalk repair and pedestrian access. This will ensure that the Village can address some long-standing infrastructure needs and make an investment in our downtowns, all without affecting the general operating fund. We are committed to this approach - so much so that we includ-

continued on page 4



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Village and Town Officials Address Local Summit

BY JANET BEAR

Following the State and County Legislators Address in January, our local officials, Mayors Walsh (Village of Larchmont) and Murphy (Village of Mamaroneck), and Supervisor Seligson (Town of Mamaroneck) spoke, via Zoom, at the Larchmont-Mamaroneck Local Summit's meeting on Tuesday, February 9th.

The three leaders spoke about the pandemic's impact upon their communities. Active Covid-19 cases increased following the holidays, and all the officials emphasized the need to wear masks, frequently wash your hands, not gather in large groups and maintain social distance. Budgets have also been impacted, with revenue decreases impacting bottom lines. The officials are all working to keep their tax rates as low as







Village of Larchmont Mayor Lorraine Walsh, Village of Mamaroneck Mayor Tom Murphy and Town of Mamaroneck Supervisor Nancy Seligson

possible given the current fiscal climate.

All three communities have reviewed their policing policies and procedures, and committees are preparing reports on Police Reform, Reinvention and Collaboration. Local residents, religious organizations, administrative boards and police departments have worked together on this process and final reports will be presented to the State by April 1.

Steven M. Andelman, MD, Joins White Plains Hospital Physician Associates

White Plains Hospital is pleased to welcome orthopedic surgeon Steven M. Andelman, MD, to its Physician Associates Division. He specializes in adult and pediatric sports medicine, providing comprehensive surgical and non-surgical care for orthopedic conditions of the shoulder, elbow, hip, knee, and ankle.

Dr. Andelman focuses on arthroscopic and minimally invasive surgical treatment of conditions such as rotator cuff tears, shoulder dislocations, shoulder arthritis and fractures, hip pain and labral tears, knee injuries (ACL, meniscus), patellar dislocations, sprains, and tendon and ligament tears. Additionally, Dr. Andelman has specialized expertise in the management of complex orthopedic conditions such as hip arthroscopy, cartilage restoration and resurfacing, and revision or "redo" surgery of the shoulder and knee. He works with each patient to determine their specific needs in order to tailor an individual-



Steven M. Andelman, MD

ized treatment plan to get them back to their desired activities.

After receiving his from Medical Degree Georgetown University, Dr. Andelman completed his residency in Orthopedic Surgery at Mount Sinai Medical Center, serving as Administrative Chief Resident during his final year. He went on to complete a fellowship in Sports Medicine at the University of Connecticut, where he had the opportunity to learn from leading experts within

the field of sports medicine while caring for high school, collegiate, and professional athletes. As part of his fellowship, Dr. Andelman received extensive training in pediatric sports medicine and management of injuries in young athletes.

Dr. Andelman has published on a wide range of topics in pediatric and adult sports medicine. He has presented his work at national and international meetings

and is the author of over 50 peer reviewed publications, presentations, book chapters and video presentations on topics such as management of pediatric elbow injuries, reducing opioid use after surgery, and surgical care of biceps tendon tears.

He will see patients at the White Plains Hospital Physician Associates offices at 325 Route 100, in Somers; 222 Westchester Avenue, Suite 101, in West Harrison; and 688 White Plains Road, Suite 225, in Scarsdale. For appointments, call (914) 849-7075.

Village of Larchmont May-Lorraine Walsh reported on the status of the two major building projects in the Chatsworth and Palmer Avenue area. Construction is well underway to replace the building on Palmer destroyed by fire over four years ago. On Chatsworth Avenue, building demolition has been completed and the foundation started for Centro, a 14 unit residential building, with retail space. There will be pedestrian access from Chatsworth Ave. to the parking lot on Wendt Avenue. Walsh stated the Village has issued a bond to purchase solar powered parking pay stations and, early this spring, will be implementing the parking study completed pre-pandemic. Revenue will be used to improve infrastructure relating to transportation (parking lots, bike lanes, etc.). Walsh reported that Trustee Malcolm Frouman would be stepping down in March and she has appointed Bridget Brennan to replace him. Frouman has been a valued member of the Village Board.

Village of Mamaroneck Mayor Tom Murphy, at the start

of the pandemic, was concerned about the nutrition of local residents. "No child should go to bed hungry." Working with local volunteers, primarily through the Hunger Task Force, the Village offered a parking lot in Columbus Park for food distribution and saw a huge growth in demand for food. He is grateful for the caring support provided by the local communities. Murphy also reported that the Village is using funds from a \$400,000 reserve (funded by a recreation fee charged to local de-

tee charged to local developers) to improve local parks. Swings have been installed in Columbus Park and they are reviewing other needs. Working with the Arts Council, the Village plans to develop a Memorial Garden that will be a living tribute to the outstanding efforts of local municipal employees and Village volunteers during this pandemic. Mayor Murphy recognizes the need to increase lower income housing and would like that to be a focus of the Village Board this year.

Town Supervisor Nancy Seligson reported that the Board has begun work on updating the Comprehensive Plan. A consultant (AKRF) has been hired. Major issues to be reviewed include: Community Character, Recreation, Housing, Mobility (how does the public get around) and Sustainability. The Floor Area Ration (FAR, a zoning tool) will also be reviewed. The public's participation is crucial and will be sought through social media and other outreach, beginning in April.

Seligson was sorry to report that, after 38 years, the Town Administrator, Steve Al-

tieri, is leaving. A nationwide search for a replacement has begun. Other Town projects include working with four local communities (Villages of Mamaroneck, Larchmont, Pelham and City of New Rochelle) and the county to consolidate the sewer operations under one owner to benefit our communities and the environment; and for later this year, redesigning the Town's website, and streetscape improvements to the area of Madison and 5th Avenues (near the entrance to 95).

During the Q&A, Mayor Walsh and Supervisor Seligson confirmed that curbside pickup of garbage, initiated at the start of the pandemic, will be permanent, resulting in cost savings and employee protections. (Seniors over 70 or people with disabilities can request an exemption). Also confirmed, the popular outdoor dining feature will continue in both Larchmont and Mamaroneck.

When Mayor Murphy was asked about setting up a local vaccination spot to serve residents with transportation issues, it was agreed that this would be very beneficial. Westchester County Executive George Latimer shared that the County is collecting a list of potential vaccination sites throughout the County, and that when more vaccines become available, more sites would be set up to facilitate access.

To learn more about The Local Summit: https://www.localsummitlm.org/. To learn more about LMC Media: https://lmcmedia.org/. The next zoom program, on Covid-19, will be Tuesday, March 9, 8:00 am. A link to register for the program will be available on the Local Summit website..

From the Mayor continued from page 3

ed the cost of an engineering redesign of the Gilder Street parking lot in the recent bond so that we can be ready to roll with our first capital improvement as soon as the fund is able to finance the cost.

Village News

Trustee News: Malcolm Frouman will be resigning from the Board of Trustees.

We would like to thank Malcolm for his 5 years of dedicated service on Larchmont's Board and wish him well! He will be greatly missed. When circumstances allow, Malcolm will be fêted in an appropriate way!

Mayor Walsh will be appointing Brigid Brennan to fulfill the rest of his term. Ms. Brennan, a 22+ year resident,

has a long history of serving our community. In addition to 13 years on the Village Recreation Committee, Brigid has also served in leadership roles as a member of the Flint Park Conservancy, Junior League, Newcomer's Club, St. Augustine's Parish and Mamaroneck PTA. In November Ms. Brennan intends to run for a full term as a Village Trustee.

King Conducts Racial Equity Task Force

Mamaroneck Town Supervisor Nancy Seligson convened a virtual Council meeting on Wednesday, February 17, 2021, reporting that at the last two Work Sessions, Council reviewed the Updated Comprehensive Plan, Larchmont-Mamaroneck Garbage Commission and 2020-2021 Budget. "Westchester County has engaged a consultant to do a Sewer Consolidation Study and we plan to vote on that next week. It will be a 9-month time frame for the four municipalities that we are part of and year for the rest of the County," Seligson



noted.

Consolidation of wastewater services in the New Rochelle

Sanitary Sewer District includes four municipalities tributary to the New Rochelle water facilities (WRRF), encompassing Town of Mamaroneck, City of New Rochelle, Villages of Pelham Manor and Larchmont.

"A Town resident has donated 100 trees for us to plant," Seligson added.

Then the Board of Fire Commissioners met. under the direction

of Councilwoman Jaine Elkind "Fire claims totaled Enev. \$83,030.81, including the Service Awards,totaling \$71,970," Eney said. "Volunteer firefighters gain Service Awards, earning credits based on how long they have been with the Department," Town Administrator Stephen Altieri explained.

Reconvening as the Town Board, Seligson appointed Dolores Battalia to the Housing Authority.

Next, the Board authorized renewal of the Meals on Wheels contract with Westchester County Department of Senior Programs and Services, offering nutritious meals to homebound senior citizens as well as hot noon lunches weekdays at the Senior Center, ranging in cost from \$3.00 to \$4.55.

Continuing in his role as Racial Equity Task Force Chair, Councilman Jeffery King stated that Altieri will present a rough draft and discuss a revised timeline of the Task Force on Monday, February 24th with an invitation for public engagement. Target date for submission to the State is April 1st.

Hampshire Recreation LLC Case Headed to Trial Following New York State Supreme **Court Ruling**

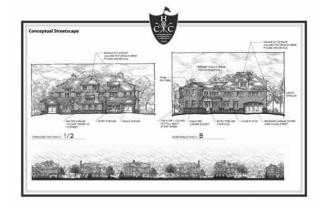
BY PETER GILES

The New York State Supreme Court has ordered a trial in Hampshire Recreation LLC's lawsuit against the Village of Mamaroneck (VOM) and the VOM Planning Board, in which Hampshire is seeking to reverse the Village's denial of the developer's application for The Residences at Hampshire, a residential component proposed for its 106-acre property located in the Orienta section of the Village.

Hampshire brought an Article 78 Proceeding in front of New York State Supreme Court last year, petitioning the Court to make a judgment related to the Village's decision, which Hampshire believes to be severely flawed. On February 16, New York State Supreme Court Judge Linda S. Jamieson ruled that there are various facts in dispute which must be resolved at a hearing.

The trial will be the culmination of a protracted VOM Planning Board review of Hampshire's proposal that dragged on for more than four years—a process that typically takes 18 months, start to fin-

In November 2019, Hampshire filed a lawsuit against the VOM Planning Board for its refusal to complete the environmental review of its application. New York State Supreme Court ruled in favor of Hamp-



shire at that time, mandating that the Board expeditiously file a Final Environmental Impact Statement (FEIS) and issue Findings on The Residences at Hampshire Project.

Following the VOM Planning Board's denial of Hampshire's requested approvals this past May, Hampshire was forced to file yet another lawsuit, citing that its proposal was in accordance with the Village's "as-of-right" R-20 Zoning Regulations.

Hampshire anticipates that various members of the Planning Board, consultants and other parties involved in this 4-year long review process will be called to the stand to recall the events leading up to the denial.

Still looming over the Village is Hampshire's notice of claim in advance of seeking damages of no less than \$58 million—just compensation

for the denial of any residential development at the Club, which constitutes a taking of Hampshire's property.

"Hampshire looks forward to its day in court," said David Cooper, a partner at Zarin & Steinmetz, the law firm representing Hampshire.

"Hampshire has tried over the past 10 years to engage the Village in a productive conversation about the future of this property. Hampshire's plans, and all the engineering behind them, met or exceeded every requirement set forth by the Village and by the State. The Board, by stark contrast, has treated the Village's largest property owner as an adversary, refusing to speak with them at every point and chooses to devote its time and resources to drawn-out legal battles with Hampshire," Cooper added. "The hearing will continued on page 12



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RNHS Students Earn Multiple Awards in Writing Competition



Michaela Alsiadi, Catherine Sykes and Naomi Young

Rye Neck High School students Michaela Alsiadi, Catherine Sykes and Naomi Young were recognized with awards at the prestigious 2021 Hudson-to-Housatonic Writing Region Scholastic Art & Writing Awards competition.

Alsiadi, a sophomore, earned an honorable mention for her short story, "Death is Knocking at My Door," which details a young woman who goes through the stages of grief surrounding her own death; Sykes, a sophomore, earned an honorable mention for her hu-

mor piece and Young, a senior, earned a Silver Key for her short story, "Carnaval," which explores the delicate psychological balance of its gifted narrator.

"What makes these young women successful writers is not just their creativity, but their work ethic," teacher Melinda Merkel said. "They all pursue their love of writing outside of the four walls of the classroom and understand that good writing is a function of effort and care, of sculpting meaning."

This year, nearly 1,700 works were submitted to the regional level for consideration by a panel of novelists, editors, teachers, poets, librarians, journalists and other creative professionals. The students' work was recognized as some of the most outstanding works submitted from among their peers.

Presented by the Alliance for Young Artists & Writers, the Scholastic Art & Writing Awards program identifies students with exceptional artistic and literary talents.

All Fall 2020 Athletic Teams Named 'Scholar Athletes'



The Mamaroneck Boys Varsity Soccer team, which ended the fall season with a 13-0-1 record and earned its first Section Title since 1972!

All of the Fall 2020 competing sports teams were named Scholar Athlete Teams. Each team's total grade point average for at least 75% of the roster was at 90 or above.

Rye Neck High School students, faculty Sign Steel Beams Used in Construction of Science Center

Rye Neck High School students, teachers and administrators signed several of the final steel beams of the new two-story Collaborative Science Center on Jan. 25 and 28 to commemorate its construction.

Work on the science center, which was approved as a capital project by Rye Neck voters in February 2018, began last March and has proceeded throughout the pandemic. The concrete foundation and underground mechanical work are complete, and the steel framework is beginning to take shape, while the construction team is working diligently to meet the

projected timeline for moving students into the building in early 2022.

"The steel signing signifies Rye Neck's commitment to excellence in education for future generations," Superintendent of Schools Dr. Barbara Ferraro said. "The new science center is a state-of-the-

art facility, enabling Rye Neck students to gain access to the most updated technologies and learning opportunities."

The 24,300-square-foot Collaborative Science Center will feature eight new class-



rooms, designed and equipped for science, technology, engineering and related subjects for students in grades 9-12. Its open, flexible workspaces will encourage collaborative teaching and learning.

Neighbors for Refugees to Present Virtual Reading of "In Her Words: Refugee Women's Stories on Stage"

Neighbors for Refugees, a Larchmont-based nonprofit, will present a moving new version of "In Her Words: Refugee Women's Stories on Stage" on Saturday March 6 at 7:00 p.m. EST. Performed as a virtual reading, the play tells the true and often tragic stories of six women who fled Rwanda, Myanmar, Honduras, Syria, the Gambia and Kazakhstan to come to the U.S. The play also gives voice to Americans who may have trouble embracing refugees, encouraging the audience to look at their own fears.

Coinciding with International Women's Day and seeking to engage audiences around the challenges faced by refugee women in particular, the event will raise awareness and support for Neighbors for Refugees' (NFR) programs with local resettlement and support of refugee families. By attending, viewers will hear from some of the actual refugees whose stories are told, as well as refugee families that NFR has helped to resettle.

"In Her Words" was originally staged as a live reading in 2019 by NFR, with refugees played by community-based actors. Updated with added interactive scenes, this new version includes anti-refugee points-of-view that increase the real-life stakes in the room.

In addition to refugee Amina Ahmad of Amina's Alterations who is originally from Syria, the cast includes Tayo Shonubi (Claire from Rwanda), Crystal Gonzalez (Tatiana from Honduras), Erica Huang (Moo Paw from Burma), Candice Clarke (Isatou from The Gambia), Lauren Kroell (K from Kazakhstan), Daryl Embry (Jag), Ben Hollandsworth (Mark), Sarah Meister (Susan), Samia Mounts (Cassie), and Ryan Matt (writer). Many of the actors are from Actor's Equity.

The play, devised by Beth Blatt, and transformed for the virtual format, aims to support refugees creatively, through artistic expression, and also financially.

Ms. Blatt's work has been performed at the Kennedy Center, the United Nations, Lincoln Center, and across the U.S., Asia, and Europe. She won the Director's Choice Award (NYMF), National Art Song competition, NAMT grant, Klinsky Award (Second Stage), GBH Lyricist Award (the O'Neill), Jonathan Larson grant, and Dramatists' Guild fellowship.

Zachary Moore is the director and is currently working as the PACE theater teacher at Mamaroneck High School and Manhattanville College. As a theatre educator and director for the past 20 years, Moore has also created and researched ethnographic theatre and theatre for social justice and Shakespeare with young people.

The reading is produced by Holly Rosen Fink, a board member of Neighbors for Refugees. She also produced the annual "Listen to Your Mother" at Symphony Space, "Let It Come Down" at the Theater for the New City, and "The Best of Everything" at HERE. She marketed "Almost Home" at the Director's Company and has contributed to the social media campaigns for many Broadway and off-Broadway productions, including "Amelie," "School of Rock," and "Kinky Boots."

All of the funds raised from Neighbors for Refugee's reading of "In Her Words" will be used to resettle and support refugee families. In addition, participants will be able to purchase an extraordinary meal from Tanabel, a Brooklyn-based food and events company that works with talented refugee women from across the Middle East, preparing and preserving their traditional recipes. For more information visit www. neighborsforrefugees.org.

Tickets are available for \$50 through Eventbrite. Additional benefits are available to those donating at the \$100, \$250 and \$500 member levels, including an invitation to the live discussion immediately after the reading in which the playwright and director will talk about the work and respond to audience questions. All of the funds raised from NFR's production of "In Her Words" will be used to resettle and support refugee families. neighborsforrefugees.org.

For a Special Dinner Option on March 6 visit: https://www.tanabel.com/online-ordering









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— OUR OFFICES ARE READY TO KEEP YOU SAFE —

Women's Club Hosts an Illustrated Presentation about New Rochelle

From its settlement by French Protestant refugees in the 1680s to present day, the community of New Rochelle has become home to immigrants seeking a better life. Each tide of immigration to America has resulted in new neighborhoods, businesses, houses of worship and rich cultural traditions in the southern Westchester city. The Woman's Club of Larch-

mont will host an illustrated Zoom presentation by New Rochelle's City Historian Barbara Davis on Friday, March 19, 2021. A sweeping view of New Rochelle's 325+ history and the immigrants who made it the vibrant, diverse urban-suburban community it is today will be featured. The presentation concludes with the extraordinary story of Antonio Valencia continued on page 14



Barbara Davis

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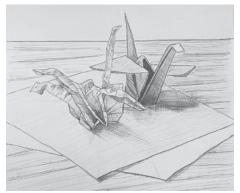
MAG Features Young Artists on the Rise

Following the success of prior years' Student Shows at Mamaroneck Artists Guild, the Young Artists on the Rise 2021 show welcomes high school students from Mamaroneck, New Rochelle, Maria Regina, and French American School of New York. Presented via video on MAG's You tube Channel, the show has over 70 submissions. There are 50 First prize winners. The Best in Show award was given to Diego Zarringa of NRHS for his collage from torn mag-

Diana Calautti, a MAG Emerging artist and a talented video producer and Laura Heiss, a longtime MAG member have organized the show and made the video. Calautti put all the photos together and set it to music. The main video is at https://www.youtube.com/watch/ v=mOO3PDBhao

The film video can be found at https:// www.youtube.com/watch?v=19NErKPdHAk&t

"There is so much talent displayed in this show," said Heiss. "I want to thank all the art teachers that strive for perfection. Their hard



Folded by Polina Dushenkovska of MHS

work brings out the best from their students." Heiss added, "I want to thank Mitchell Vi-

soky, MAG Co-President, for all his help and input and his impartial judging of the winners."

For more information go to mamaroneckartistsguild.org



Collage by Diego Zarringa of NRHS -Best in Show



Ode to Nancy by Jillian Thurston of MHS

At Home on the Sound Director to Step Down

At Home on the Sound Director, Elaine Weingarten, has announced her retirement from organization, effective June 30, 2021. At Home on the Sound is a nonprofit that provides services and programs to enable older adults in Larchmont and Mamaroneck to remain living in their



own homes as they age.

In a letter to members and supporters, Weingarten wrote, "I have loved being able to participate in the development of an organization offering exceptional services and programs to the Larchmont and Mamaroneck communities...I have learned so much from all of you about healthy aging, growing older with purpose, resilience, and the value of social support. This experience has been most rewarding for

At Home on the Sound Board president Teddi Becker stated, "Elaine was the bedrock of the organization's steady growth. She tapped the generous habits of our community, known for its volunteerism, and made connections for our members' needs, whether it was a trip to the doctor, a grocery store, or a spirit-boosting salon. When she took on the role of director she was well schooled in social service and became a mentor to At Home's leaders. Without a playbook, she guided us to the goals of Aging in Place, a concept just emerging on the national scene. As our leaders necessarily changed over the years, Elaine remained the symbol of continuity for over a decade. At Home on the Sound has been blessed with having an experienced director whose expertise, willingness to serve and empathy will be sorely missed."

Weingarten, an Ardsley resident, has led At Home on the Sound since 2009. The search for her replacement is underway. Visit www.athomeonthesound.org to learn more.



Contact Dorothy Mourouzis at 914.698.4610 ext. 214 or dmourouzis@hampshireclub.com

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Rye Neck High School Seniors Named 2021 National Merit Scholarship Finalists

Rye Neck High School seniors Caleb Alter and Gabe Miller, who were recognized as semifinalists in the 2021 National Merit Scholarship program, have advanced as finalists in the competition.

They are among the top 15,000 high school students nationwide who were awarded the distinction by the National Merit Scholarship Corporation. According to its website, the National Merit Scholarship program honors students who

Larchmont and Mamaroneck Public Library's Present Joint Programs

The Mamaroneck Public Library will present Accupressure and Mind Body Techniques for Stress-Insomnia-Anxiety on Thursday, March 4. @ 7pm on Zoom.

Feelings of anxiety, worry and fear related to significant and challenging events are justified and very common. Anxiety becomes a problem when emotional reactions are out of proportion with what might be "normally" expected in a situation and when symptoms interfere with a person's daily functioning or sleep patterns. Mild anxiety leaves a person feeling a bit unsettled, while severe anxiety can be extremely debilitating. In this program, Dr. Kathy Casey will teach you a few methods of stress relief that will calm you and help you to sleep.

Dr. Kathy Casey is a Doctor of Acupuncture and Chinese Medicine, a licensed acupuncturist in New York and Connecticut, a nationally board-certified herbalist and maintains a Diplomate of Oriental Medicine certified by the National Certification Commission for Acupuncture and Chinese Medicine (NC-CAOM).

A graduate of Pacific College of Oriental Medicine in NYC and San Diego, she is the owner and clinic director of Touchstone Acupuncture, located in the Rockledge Building in Mamaroneck and has been serving the Sound Shore community with care and compassion for the past 11 years.

Boosting Immunity with Acupressure and Herbs with Kathy Casey will be presented by The Mamaroneck and Larchmont Public Library on Zoom on Monday, April 12 @

Dr. Casey will give a brief history of Chinese medicine and the tenets of the foundation. She will talk about the acupuncture points and the meridians/highways that connect them, and how the stim-



Dr. Kathy Casey

ulation of these points impacts the body's immune system, how responses are measured, and the health benefits. In addition she will discuss food as medicine, how herbs/foods are viewed in Chinese medicine and how to incorporate them into one's daily life to boost immunity and general health.

Play Your Way Sane! via Zoom on Wednesday, March 10 @ 7pm.

Larchmont and Mamaroneck Libraries invite you to join Clay Drinko, author of Play Your Way Sane: 120 Improv-Inspired Exercises to Help You Calm Down, Stop Spiraling, and Embrace Uncertainty



Clay Drinko, Ph.D.

and learn fun ways you can be more mindful, calmer, and even more positive throughout your day. No need for yoga mats or meditation cushions. Clay's brand of improv-inspired mindfulness is as fun and irreverent as it is helpful and informative.

Clay Drinko, Ph.D. is an author, educator, and improv

expert. He writes for Psychology Today and Lifehack and is the author of the academic book Theatrical Improvisation, Consciousness, and Cognition and the brand-new Simon & Schuster self-help book Play Your Way Sane: 120 Improv-Inspired Exercises to Help You Calm Down, Stop Spiraling, and Embrace Uncertainty. Clay lives in the Hudson Valley with his husband and daughter.

To register for these programs, go to mamaronecklibrary.org

Mamaroneck Library Books @ Your Door

The Mamaroneck Public Library is offering a Homebound Delivery Service for members in the community who cannot visit the library due to illness, disability, or age. This free service allows residents in the Village of Mamaroneck to have library materials delivered to their door with the help of one of their generous volunteers.

Interested participants must fill out an application. Applications may be picked up at the library's curbside window, mailed or emailed to you. To request an application, call Trish Byrne at 914-630-5887 or email tbyrne@ wlsmail.org

If you do not have a library card, one will be created for you and sent to you with your first delivery. If you already have a library card assigned, that will be your number to check out materials.

You may request specific titles by calling the Adult Services Department at 914-630-5888 or by emailing Trish Byrne at tbyrne@wlsmail.org or you may ask a librarian to make selections for you based upon the questionnaire included with the application.

Items must be owned by the Mamaroneck Public Library. Entertainment DVDs, Music CDs, 7 Day Express books, magazines, oversized items, and museum passes are excluded from the program.





Rye Neck High School seniors Caleb Alter and Gabe Miller have been named finalists in the 2021 National Merit Scholarship program.

show exceptional academic ability and potential for success in rigorous college studies.

Alter and Miller entered the academic competition as juniors along with more than 1.5 million students by taking the 2019 Preliminary SAT/National Merit Scholarship Qualifying Test, which served as an initial screen of entrants. They are among a group of elite students to earn some of the highest scores on the qualifying test.

The students advanced to the finals after each submitted a detailed scholarship application, demonstrated an outstanding academic record and leadership abilities, wrote an essay and were endorsed by a high school official. About half of the finalists will win a National Merit Scholarship.

The program will award approximately 7,500 scholarships worth more than \$30 million when National Merit Scholarship winners are announced in the

LM Lions & Sedona Team to Support CRC Eviction Protection



LM Lion Diane Oldham, Sedona's Bill Jablonski and CRC's (and LM Lion) Jirandy Martinez

The Larchmont Mamaroneck Lions joined with Mamaroneck's Sedona Tap House Monday's Dine Out for Charity to raise funds for the Community Resource Center's (CRC) eviction relief program.

During the current Coronavirus Rent Moratorium, the CRC has been working with communities at risk households, to keep them in their homes. They identify those in need, and through partnerships providing legal counseling, negotiations with the landlords and funding direct negotiated payments to the landlords.

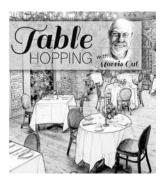
Every month on every

Monday, Sedona donates \$2 per steak meal to a local service group or project. To encourage support at both lunch and dinner, they offer their \$18 steak meal for only \$10. The LM Lions & Sedona teamed up in January to support the CRC's eviction protection effort. The Lions agreed to match Sedona's donation, which was \$610 (305 meals served). Individual Lions have made separate donations to increase the Lions total to \$1000. Checks totaling \$1610 were presented to CRC director Jirandy Martinez.

Monday's in February, Sedona supported the STEM Alliance Robotics program. In March Sedona and the Lions will again team in support of the Fuller Center, which builds and remodels homes to be owned by those in need. They also respond to local emergencies with food, clothing, and supplies appropriate to the need.

These partnerships are an extension of the LM Lions effort to bring the community's service organizations and resources together to address local needs.

The LM Lions are part of the Lions Clubs of the Sound Shore and Lions Clubs International, the world's largest service organization.



Everyone is Irish on St.

The leprechauns are coming! St. Patrick's Day, Wednesday, March 17th, will be celebrated with all its local color. Throughout Westchester, towns and villages are hanging shamrocks on storefronts and homes giving the Hudson Valley its

sparkling moment in the Emerald Isle. If you want to partake in the traditional foods, spirits and reveling sprinkled with a good dose of blarney, here are suggestions. Be sure to check ahead for special events, and larger groups are advised to make advanced reservations. Takeout & delivery are also good options. Erin Go Bragh!

IRISH REVELING AT JACK'S!

Partners Shane Clifford and Steven Robinson have opened Jack's Bar & Restaurant on Main St. in Eastchester at the sight that previously housed Edmondo's. It has been totally remodeled and offers an enhanced Irish tavern menu on steroids. The best way to describe it. Generous specialties coming out of Chef Brendan Donohoe's kitchen include: Scotch Eggs, decadent Short Rib Mac N' Cheese, Smoked Seafood Chowder, a sig-

nature Shepherd's Pie Calzone, and Smoked Chicken & Sausage Pizza out of their woodfired oven. There is seating indoors following Covid protocols. The staff could not be more friendly. Carnivores must check out the Surf & Turf, Porterhouse Frites, and Rump of Lamb. Tennessee Thursdays includes such hearty fare as Pulled Pork and Brisket. Jack's is located at 219 Main St., Eastchester. Open daily; check website for kitchen hours. Municipal parking; free evenings. Phone: 914-652-7650 www.jackseastchester.com

Dunne's Pub, 12 Shapham Place, White Plains. 914-421-1451 www.dunnespubandrestaurant.

Declan Farrell of Vintage in White Plains took over this spot, added a few touches of his own, and it still thrives. An authentic Irish pub with good hearty food.

Rory Dolan's, 890 McLean

Ave., Yonkers. 914-776-2946 www.rorydolans.com

To many in the greater Westchester Irish community this is the motherload. There will be feasting galore all day and evening. Try to get there off peak, if possible. There is a parking lot.

Hudson Grille, 165 Mamaroneck Ave., White Plains. 914-997-2000 www.hudsongrilleny.

There is a contemporary vibe in this eatery which translates into good food and drink. Big networking crowd daily. Tented outdoor seating. Lilly's next door.

Wolf & Warrior Brewing Co., 195A E. Post Road, White Plains. 914-368-8617 www.wolfandwarrior.com

Brewmeister Michael Chiltern brings White Plains its first microbrewery and it's a good one. The daily brews are listed on a big colorful blackboard. A comforting kitchen menu, too. Chiltern promises an authentic Irish home brew to mark the occasion.

Growlers Beer Bistro, 25 Main Street Depot, Tuckahoe. 914-793-0608 www.growlersbeerbistro.com

You can feel the rattle of the Metro-North railroad as it passes by. A great selection of craft brews available daily. Knowledgeable staff. Good kitchen, too.

Diner Brew Co., 40 Division Street, New Rochelle. 914-229-3472 www.dinerbrewco.com

Chris Sheldon's new tasting room is a charmer with its retro-diner feel. Distinctive house made brews and ciders, and free popcorn for the taking. Good conversation, too.

Trattoria Vivolo, 301 Halstead Ave., Harrison. 914-835-6199 www.trattoriavivolo.com It is a solid Italian restaurant housed in a vintage diner but come St. Patrick's Day Chef/Owner Dean Vivolo's Mom, who is Irish, adds her personal touch to the menu.

The Quarry, 106 Main Street, Tuckahoe 914-337-0311 www.thequarryrestaurantandlounge.com

Good tavern fare and friendly networking make this a comforting spot to unwind. The Quarry will be all dressed in green for the day with Irish specialties and spirits.

FOLLOW COVID PROTO-COLS AND STAY SAFE!

(Morris Gut is a restaurant marketing consultant and former restaurant trade magazine editor. He has been tracking and writing about the food and dining scene in greater Westchester for 30 years. He may be reached at: 914-235-6591. E-mail: gutreactions@optonline.net)

The Pitfalls of an Online Will

BY BERNARD A. KROOKS, CERTIFIED ELDER LAW ATTORNEY

Many companies currently provide people with the opportunity to create a Last Will and Testament and other various legal documents online. These online Wills have various issues that can cause your estate to not be distributed as intended, can create excessive legal fees during the estate administration, and make life on your family and friends even more difficult after you pass away. My son Joel, who is an attorney at the firm, recently went through the process of creating an online Last Will and Testament for himself to get a sense of the various pitfalls. For this exercise, he did the basic Last Will and Testament on a popular well-advertised online program.

The first pitfall is that the online program assumed that you have a spouse or children. The program asks you to fill out an online questionnaire wherein they require you to put in the family information of your spouse and your children. However, not everyone has a spouse or children. When this situation occurs, the probate process is a lot more difficult. The Surrogate's Court will need to know the closest relatives of the decedent. These folks are called distributees. For example, this may be a sibling or a cousin. A practicing attorney would typically have the client

fill out a family tree in these situations. Often, in situations where a person has no spouse or children, a revocable trust is recommended. Creating a Will online does not inform you about the possibility of creating a revocable trust that may accomplish your goals more effectively and save you and your family time and money after you pass away.

The second pitfall is that

the online program did not take into account the amount or types of assets you have or beneficiary designations that may be in place. The amount of assets you have or how they are titled may impact what estate planning strategy is right for you. A person with a high net worth may need certain trusts in their Wills for tax planning. In addition, a common misconception is that the Will covers all your assets. A Will covers only assets that are not passed by operation of law (such as joint ownership), through a trust, or have a beneficiary designation listed. The online Will process did not inform us of this and not knowing this can lead to a person's wishes not being correctly applied at death.

The third pitfall occurs if you have minor children or family members with disabilities. The online Will process allows a person to leave money to their children outright. This poses numerous problems if a child is a minor, is a spendthrift



Bernard A. Krooks, Esq.

or has a disability. If a child has a disability, it is often beneficial to leave their portion of the inheritance to a Special Needs Trust for that child's benefit thereby allowing them to maintain eligibility for government benefits, such as Medicaid and Supplemental Security Income. Furthermore, leaving money to a minor child can cause a myriad of issues in the probate process. A guardian will need to be appointed for the minor child, which can lead to unnecessary delays, excessive administration fees, including bonding requirements, and ongoing court oversight.

These are just three of the many pitfalls that were identified throughout the process. The online wills process was generic and did not account for the specific details that are necessary to properly draft es-

tate planning documents. It is very important to hire an experienced attorney to draft and execute your estate planning documents to make sure your wishes are being carried out, tax and trust planning is being considered, the Will is properly executed, and your estate administration is not a difficult

While I understand that if a lawyer advises you that you need a lawyer to do something, you might take that advice with a grain of salt. However, in this case, it really does make a difference. If you would like to learn more about this topic, go to our YouTube channel and you can hear Joel talk about these issues in greater detail. Go to https://www.youtube.com/watch?v=fKkAOrNnGf8.

Bernard A. Krooks, Esq., is a founding partner of Littman Krooks LLP and has been honored as one of the "Best Lawyers" in America for each of the last seven years. He is past President of the National Academy of Elder Law Attorneys (NAELA) and past President of the New York Chapter of NAELA. Mr. Krooks has also served as chair of the Elder Law Section of the New York State Bar Association. He has been selected as a "New York Super Lawyer" since 2006. Mr. Krooks may be reached at (914-684-2100) or by visiting the firm's website at www.elderlawnewyork.com.

Hampshire Recreation LLC Case Headed to Trial Following New York State Supreme Court Ruling

continued from page 5

likely be yet an another expensive and time-consuming proceeding for both parties."

Hampshire's owners originally asked the Village in 2014 to consider rezoning its Hampshire Country Club property to allow for a condominium development on less than two acres. Such rezoning would have permitted Hampshire to integrate a limited number of residences into the existing clubhouse, while allowing it to preserve 98 percent of the property-including the entire 18-hole golf course-the largest tract of privately held open space in the Village. Moreover, the golf course would have remained open space in perpetuity through a voluntary deed restriction and offered a form of housing which is in high demand, particularly among area residents who wish to downsize and live more comfortably. When presented with two separate condominium plans in 2014, the Village Trustees not only refused to consider any rezoning, but also refused to discuss the matter in open session or provide any explanation for their decision.

Instead, the Village Board of Trustees advised Hampshire to submit to the Planning Board an alternate development proposal in compliance with the existing R-20 zoning.

Hampshire, therefore, has been pursuing its proposal to build 61 carriage homes and 44 luxury colonial-style homes on the golf course, within an efficient, architecturally compatible planned layout. Under all scenarios, the existing Hampshire Country Club is to remain open and operational, providing a scenic and professionally-operated recreational resource for the greater Mamaroneck community. Though the proposed plan necessitates a redesign of the golf course into a 9-hole course, shorter courses represent a trend nationwide, due to busy lifestyles and other recreational options.

For five years, the developers of Hampshire Country Club (HCC) worked with the VOM Planning Board and its engineers to address all remaining concerns related to The Residences at Hampshire. The project was expected to provide modern, energy efficient housing, local jobs, and revitalize the Club with a new source of income and generate an estimated \$5.5 million in new annual tax revenue for the Village, including \$1.2 million for schools alone.

Instead, the VOM Planning Board rejected the project outright by adopting its findings statement May 6, 2020.

Planning for Mid-March Full Time In-Person Learning



BY DR. ROBERT I. SHAPS SUPERINTENDENT OF SCHOOLS

I am writing to share a progress update since the Jan. 26 Board of Education meeting, when I identified several important factors that would determine when and if we could safely reopen our schools for full time in-person learning. Currently, we are planning to bring a portion of our students back for full time in-person instruction in mid-late March, starting with our youngest learners -- students in grades Kindergarten through 2nd grade across all elementary schools -- followed by a second phase-in of students in grades 3-5 at Mamaroneck Ave. School (our school most deeply impacted by the pandemic).

Our aim, if feasible, is to return all of our elementary students to full day in-school instruction; however, given space limitations in our schools, many complexities exist around safety protocols, scheduling and staffing. I am pleased to say that we are making progress working through these details, provided below.

Social Distancing Guidelines Being Updated - Similar to other Districts in Westchester County, our schools have been operating utilizing the 6' distancing rule set out in NYS and Westchester County guidance. From the outset, school districts have been navigating through conflicting guidance. The American Academy of Pediatrics (AAP) released guidance indicating that 3 - 6 foot distancing should be considered as appropriate social distancing guidelines. Simultaneously, many school districts are urging the NYSDOH to further clarify its guidelines, based on a decrease in the COVID positivity rate, proven low transmission rates in schools and the availability of a vaccine. Furthermore, we anticipate revised guidelines for social distancing practices in schools from the Centers for Disease Control over the course of the next week.

New Classroom-by-Classroom Space Audits **Being Completed This Week** - Using the AAP 3-6 feet guidelines, we are measuring and reconfiguring classroom space to determine how we may accommodate all students. As you are aware, our school buildings are old, with smaller-size classrooms so each space needs to be prototyped and measured to meet consistent guidelines. Alternative spaces are being considered to accommodate all students based on the 3-6 foot range guidelines.

Student Desks and Plastic Desk Shields Being **Ordered** -The tables used for elementary classroom seating configurations limit our ability to accommodate a maximum number of students; therefore, we have placed an order to purchase a large quantity of student desks, which may continue to be required when we return in September. We also are in the process of procuring desk shields to be used in order to meet guidelines. The Board of Education at its meeting is expected to approve a resolution authorizing these purchases.

Staff Safety - The success of our current model is due in large part to the dedication and hard work of our District staff. We are pleased that a significant percentage of our teachers and staff have been able to obtain vaccines, and we have been advocating for dedicated vaccination sites for teacher and school staff to increase availability and shorten the current wait times. During the summer, some of our staff had concerns about our return to school model and through a collaborative effort we were able to successfully address their health and safety concerns. I believe in the importance of working with our teachers and will be holding dedicated teacher and staff forums to discuss the planning underway.

Hiring **Additional** Staff - Currently, to maintain our hybrid model of learning, we are utilizing all staff available to us. In preparation for full day in-person learning, which includes lunch and recess, we will need to hire additional teacher aides. We have already identified and begun advertising for staffing positions that will support our offering of a full instructional day. However, we are uncertain that we will be able to fill all necessary positions.

Making Schedule Adjustments - Transitioning to full-day instruction necessitates the adjustment to a new schedule and additional professional development for staff, navigating teaching students in-person and remotely at the same time.

Family Survey on Instructional Model Choice:
Full Time In-Person or Fully Remote - We will survey parents on their learning model choice for each student, offering two options:
Full-Time In-Person Instruction or Fully-Remote Learning. The survey to gauge parent interest has been developed and will be released shortly.

Recognizing the chal-

lenges that have come from nearly a year of hybrid and remote learning, we are fully aware of the enormous task ahead. Aside from safety, being attentive to the social-emotional needs of every student will be our single-most important component of our returnto-school plan. We know that the return to a "new normal" will look different than we have ever experienced before, and we are ready and prepared to meet all students' needs. Moreover, we know that learning under existing conditions will not be optimal based on how students learn best and the limitations of social distancing and health and safety restrictions.

In summary, we will accomplish this transition from hybrid to full in-person learning in the same thoughtful manner we approached the opening of school in September. I am proud that Mamaroneck,

because of our extraordinarily dedicated staff, was one of only a handful of school districts in Westchester able to offer the continuity of in-person learning every day for every student this past fall and know that our staff and administrators will continue to work tirelessly to make the transition back to full-time learning as smooth as

possible.

I appreciate your support, and we must all continue to do our part to ensure that this return-to-school plan is successful. Families share in the responsibility to keep our community safe by continuing to social distance, wear masks and avoid large, unsafe gatherings.

Where to Start When Creating an Estate Plan



The COVID-19 pandemic has made Americans even more aware of the importance of planning for the unexpected. While no one knows exactly what's in store for the future, one thing you can do for your loved ones is create an estate plan that expresses your wishes in the event of incapacity or death. If you're like a lot of people, you may not know where to start, but here are five documents that can form the foundation of a well thought out estate plan:

1. Last will and testament - This is the primary document that defines how you want your property and other assets to be handled. It also assigns guardians for minor children and even pets and it provides a place where you can name your executor, the person who will manage the dissolution of your estate. Your will can also include directions regarding your funeral arrangements, such as whether you prefer to be buried or cremated.

2. Power of Attorney (POA) - This legal document identifies an "agent" or person who can act on your behalf. You can choose to be very specific or very broad in the authority you assign to the POA. In some cases, a different family member may be POA for finances and/or personal property while another person is assigned to make decisions regarding medical care.

3. Living will - Also known as an advanced health care directive, a living will conveys your wishes regarding end-of-life medical care. It spells out the extent of life-extending care you want to receive in case you are unable to communicate these preferences yourself. For example, you can request that medical personnel perform invasive life-saving procedures such as resuscitation or tube feeding as needed. Alternately, you can put in place a Do Not Resuscitate (DNR) order and request only comfort care.

4. Beneficiary designations - Beneficiary designations identify who you wish to receive a particular asset. These designations typically are made within the financial asset itself, such as a life insurance policy or an investment account. It's important to keep your beneficiary designations up-to-date following a life change such as marriage, divorce, death of a spouse or birth of a child.

5. Inventory of key documents and contacts -

Once you have the top four legal documents in place, it's prudent to think about how your loved ones will access your accounts once you're gone. A document that lists everything from mortgages and other bills to bank accounts, insurance policies, real estate deeds and other legal proof can be very helpful. Your executor will need passwords for online accounts and may need physical copies of birth, marriage, divorce and Social Security records. Lastly, provide complete contact information for relevant parties such as your banker, lawyer, financial advisor and insurance agent.

Although conversations about estate planning can be difficult, they're critical to leaving the legacy you want. Talk with a trusted financial advisor who can review your entire financial picture and determine what steps you need to take to safeguard your estate.

Esbenshade, Ziyah CFP®, APMA®, CRPC®, is a Private Wealth Advisor and Senior Vice President with Pell Wealth Partners, private wealth advisory practice of Ameriprise Financial Services, LLC in Rye Brook, New York. She specializes in fee-based financial planning and asset management strategies and has been in practice for 20 years. To contact her, visit pellwalthpartners.com, call 914.253.8800 or visit our office at 800 Westchester Avenue, Suite 300, Rye Brook, New York 10573.

Women's Club Hosts an Illustrated Presentation about New Rochelle continued from page 8

New Rochelle Public Library

and his role in the significant cluster migration of people from Michoacán Mexico to New Rochelle.

Barbara Davis has served as New Rochelle's City Historian since 2001, accepting the official title in 2008. In this capacity, she promotes the community's great history by conducting presentations and tours for schools and organizations and responding to one a thousand formal history inquiries a year. Barbara held the position of Community Relations Coordinator for the

from 2004 until the end of December, 2020. She is now Co-Director of the Westchester County Historical Society and continues to be the New Rochelle's City Historian. Barbara has been a member of numerous boards and committees in New Rochelle and Westchester County, and has served as the chair of the County's Historic Preservation Advisory Committee since 1990. Barbara grew up primarily in Pound Ridge and chose to live in New Rochelle in 1979. She is married to Steven W. Pappas, M.D and they have one daughter, Morgan Pappas.

To join this live online program at 1:30 pm through Zoom, request an invite by sending your email address to: WCL10538@gmail.com

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